

Nutritional Management of Side Effects Related to Chemotherapy

Presented by: Aimee M. Shea, MPH, RD, CSO, LD

Target Audience: Registered Dietitians, Dietetic Technicians/Registered, Nutrition Associates, and Certified Dietary Managers

Date: Tuesday, May 15th, 2012

Time: 1:00-2:30 pm (ET)

CEU: 1.5 CEUs offered for RDs and DTRs, CDMs can submit approval for CEUs through ANFP

Suggested RD/DTR Learning Codes: 3020, 3070, 5010, 5030, 5040, 5090, 5100, 5150

Description:

According to the National Cancer Institute, it was estimated that approximately 1.5 million new cancer cases were diagnosed last year. For individuals that pursue chemotherapy as a treatment option, the management of its side effects is pivotal in promoting optimal nutritional status and quality of life. This session will review the prevalence and impact of malnutrition and weight loss in individuals dealing with a diagnosis of cancer. Results of recent clinical trials on nutrition intervention during cancer treatment will be reviewed. Join us to learn more about the impact of cancer on nutritional status and strategies for the effective management of side effects related to chemotherapy.

Objectives:

- Recognize the impact of cancer on nutritional status
- Identify nutrition interventions for improved outcomes
- Describe nutrition-related side effects of common chemotherapy drugs
- Develop nutritional strategies to effectively manage these side effects



Aimee M. Shea MPH, RD, CSO, LD is a registered dietitian and board certified specialist in oncology nutrition. Before moving to Columbus, Ohio, she served as the Outpatient Oncology Dietitian at the North Carolina Cancer Hospital, part of the University of North Carolina at Chapel Hill HealthCare System. Aimee currently serves as the Secretary for the Oncology Nutrition Dietetic Practice Group. In addition, Aimee has given a variety of presentations on nutrition and cancer to both lay and professional audiences.

System Requirements:

For PC-Based Attendees

- Required: Windows® 7, Vista, XP or 2003 Server (Linux is not supported)
- Required: Internet Explorer® 7.0 or newer, Mozilla® Firefox® 3.0 or newer, or Google® Chrome® 5.0 or newer (JavaScript™ and Java™ enabled)
- Internet Connection Required: Cable modem, DSL or better recommended
Recommended: Minimum of Pentium® class 1GHz CPU with 512 MB of RAM (2 GB of RAM for Windows Vista)

For Mac-Based Attendees

- Required: Mac OS® X 10.4.11 (Tiger®) or newer
- Required: Safari™ 3.0 or newer, or Firefox 3.0 or newer; (JavaScript and Java enabled; Chrome™ is not supported)
- Internet Connection Required: Cable modem, DSL or better recommended
Required: Intel processor with 512 MB of RAM or better recommended