

Dietary Solutions



Laboratory Tests for Dietary Professionals: Interpretation and Application

Presented by: Eugenio H. Zabaleta, Ph.D., Clinical Chemist

Target Audience: Dietary Professionals 1 CEU, Level II

Suggested RD/DTR Learning Codes: 3005, 3010,
5040, 5100

A significant percentage of clinical decisions are based on, or at least influenced by, laboratory results. For this reason, it is imperative that dietary professionals are knowledgeable regarding the interpretations of nutrition-related laboratory tests. This presentation targets common nutrition-related labs that dietary professionals evaluate during the nutrition assessment process. Accurate assessment of laboratory results is essential in determining appropriate nutrition interventions. Join us to learn more about the interpretation and application of nutrition-related laboratory results for quality outcomes.

Objectives

- Recognize nutrition-related laboratory test interferences/limitations.
- Interpret nutrition-related laboratory values to determine clinical implications.
- Identify strategies for effective monitoring of nutrition-related laboratory tests.

About our Speaker:



Eugenio H. Zabaleta, PhD, is a Clinical Chemist at MedCentral Health System in Mansfield, OH. He is also Part-time Lecturer at Cleveland State University in the Graduate Clinical Chemistry Program. He graduated from the Catholic University of Cordoba (Argentina) with a degree in Biochemistry and received his PhD in Chemistry from the University of Akron. His training in Clinical Pathology was at the Hospital Provincial San Roque in Cordoba. In his native country, he was the Laboratory Medical Director at the Clinica del Sol, a clinic devoted to mother-and-child care with neonatology intensive care service. Dr. Zabaleta performed his fellowship training at the Laboratory of Specialized Clinical Analysis (LACE) in Cordoba. This fellowship included a one-year rotation at MedCentral Health System Laboratory where he is currently.

System Requirements:

For PC-Based Attendees

- Required: Windows® 7, Vista, XP or 2003 Server (Linux is not supported)
- Required: Internet Explorer® 7.0 or newer, Mozilla® Firefox® 3.0 or newer, or Google® Chrome® 5.0 or newer (JavaScript™ and Java™ enabled)
- Internet Connection Required: Cable modem, DSL or better recommended
Recommended: Minimum of Pentium® class 1GHz CPU with 512 MB of RAM (2 GB of RAM for Windows Vista)

For Mac-Based Attendees

- Required: Mac OS® X 10.4.11 (Tiger®) or newer
- Required: Safari™ 3.0 or newer, or Firefox 3.0 or newer; (JavaScript and Java enabled; Chrome™ is not supported)
- Internet Connection Required: Cable modem, DSL or better recommended
Required: Intel processor with 512 MB of RAM or better recommended