



Tips to help improve intakes during the COVID-19 pandemic:

- Liberalize diet as able
- Offer a high calorie snack at least twice per day
- Offer one fortified food at each meal
- Update food preferences
- Offer additional fluids throughout the day
- Provide supplements as ordered
- Stagger dining times to allow enough time for staff to assist residents with meals
- Have “all hand on deck” during mealtimes: request administrative staff, laundry and housekeeping staff, activity staff to help with passing and setting up trays during mealtimes
- For those residents who need fed or supervision at meals, allow them to come to the dining room, one resident per table to allow for proper social distancing